Amendments to the Claims:

This listing of claims will replace all prior versions, and listings of claims in the application:

Listing of Claims:

Claims 1-89 (Canceled)

90. (Original) An electro-mechanical system, the system comprising: a base layer;

a structural plate supported above the base layer by a pivot, wherein a first portion of the structural plate contacts the base layer or a stop disposed on the base layer, and a second portion of the structural plate contacts the pivot, and wherein a structure is disposed between the first and the second portions;

a driving force, wherein the driving force has a frequency at or near the natural frequency, or a harmonic thereof, of the structure; and

wherein the driving force causes a vibration of the structural plate relative to the base layer, the vibration sufficient to overcome stiction related forces between the base layer and the structural plate.

- 91. (Original) The system of claim 90, wherein the structure is comprised of a material and the driving force has a frequency at or near the natural frequency of the material.
- 92. (New) The system of claim 90, wherein the driving force comprises a mechanical force.
- 93. (New) The system of claim 90, wherein the driving force comprise a sound.
- 94. (New) The system of claim 90, wherein the driving force comprises an AC voltage.

- 95. (New) The system of claim 90, further comprising, a contact for receiving the driving force.
- 96. (New) The system of claim 95, wherein the contact comprises a portion of the pivot.
- 97. (New) The system of claim 90, wherein the contact is an electrically conductive lead coupled to the pivot.
- 98. (New) The system of claim 90, wherein the structure is a serpentine structure.
- 99. (New) The system of claim 90, the system further comprising an actuator, wherein activation of the actuator causes the structural plate to deflect and contact the stop.
 - 100. (New) The system of claim 99, wherein the actuator is integral to the stop.
- 101. (New) The system of claim 90, wherein the system comprises an optical routing apparatus comprising a moveable micro-mirror